

# Pure Bliss

...pure indulgence in health & beauty

★★★★★ 'award winning salon'

price list

# Welcome to Pure Bliss

The best kept secret in the city!

In the 23 years that we have been established the salon has quickly become one of the most popular in the North East, building up a respected loyal clientele.

Over the years, Pure Bliss has won many local and regional awards, putting us at the forefront of the beauty industry. We were awarded Guinot Crown Elite Salon in 2023, 2024 & 2025.

We invite you to experience the most wonderful treatments from the relaxing NEOM and Aromatherapy Associates treatments, to the most advanced medical based treatments, Environ, Dermalux light therapy, C.A.C.I., Guinot, Hydrofacial, IPL and 3-D Lipo, there is something for everyone.

We launched The Medi Spa @ Pure Bliss in 2024 to offer Advanced Aesthetics. These include Anti-wrinkle injections, Skin Boosters, Microneedling, Cryopen, Vitamin Injections and many more fabulous treatments in a relaxed professional environment.

Our luxurious treatment rooms are a sanctuary for the senses. Aromatic candles, relaxing music, heated treatment beds and most importantly the caring touch of our highly trained therapists who pride themselves on making your visit a unique and most enjoyable one. An experience you will wish to repeat again and again!

Sit back, relax, read on and enter the world of Pure Bliss - enjoy. X



Lisa  
X



Winner of  
'Best Salon in  
Sunderland'

# Special treats at Pure Bliss

## Calm Time

**£58.00**

Time  
Precious Facial  
Back Massage  
50 mins

## Girls Night In

**£75.00**

Back Massage  
Time  
Precious Facial  
Express Gel  
Manicure  
1 hr 30 mins

## Party Time

**£75.00**

Express Gel  
Manicure  
Express Gel Pedicure  
Spray Tan  
1 hr 20 mins

## Pure Escape

**£75.00**

Back Massage  
Time  
Precious Facial  
Tranquility Scalp  
Massage  
1 hr 20 mins

## Ultimate Bliss

**£95.00**

Time  
Precious Facial  
Tranquility  
Scalp Massage  
Signature  
Massage  
1 hr 40 mins

## The Gentle-man

**£75.00**

Deep Tissue Back  
Massage  
Express Energy  
Facial  
Tranquility Scalp  
Massage  
1 hr 20 mins

## Gift Vouchers

Treat a friend  
or loved one to  
a Pure Bliss  
gift voucher  
available in any  
amount, treatment  
or package.

# Guinot Facials

## Hydradermie Youth.....1hr.....£70

Achieve immediate results with Guinot's signature treatment created as the alternative to aesthetic medicine. Using dynamic ionisation and thermal energy, this patented technology is designed to boost the skin's cellular energy to enhance and rejuvenate the complexion. This unique, age-defying treatment has 8 bespoke variations prescribed by your therapist to suit your skin type and beauty concerns; allowing you to achieve exceptional, visible and clinically proven results after just one treatment.

## Hydradermie Age Logic.....1hr 15mins.....£82

A treatment designed to target the advanced signs of ageing and puts extra focus on the eye contour, neck and décolleté for an all-compensating age defying result. Wrinkles will be visibly reduced and the skin will feel renewed.

## Hydradermie Lift.....Express 30mins.....£45      60mins.....£60

This revolutionary treatment stimulates the facial muscles to deliver visible improvement in tone and definition of the facial contours, giving a 'lifting' effect. Treatment course recommended for optimum results.

## Hydradermie Eye Lift.....45mins.....£50

Using a combination of machine technology and active ingredients, this treatment targets signs of ageing and tiredness around the eye area, including fine lines, wrinkles, puffiness and dark circles.

## Hydra Summum.....45mins.....£70

The ultimate Hydrating facial highly concentrated in Hyaluronic acid to help hydrate and fill lines and wrinkles. A two-part massage, the first part helps to decongest skin tissue while the second part has energetic movements to restore density and radiance to the skin. Concluding with a fresh gel texture mask to soothe and saturate the skin with moisture due to, two key active ingredients, Hydralogic complex and hyaluronic acid. The skin looks plumped smooth and intensively moisturised.

## Age Summum.....50mins.....£85

**The "Anti-Ageing" Treatment.** The ultimate manual treatment that erases signs of ageing from the face, neck, décolleté and hands. Enriched with highly concentrated Vitamin C & Hyaluronic Acid to firm facial tissue and combat skin slackening, our unique Age Summum Serum activates the skin's immune system to help fight against the skin's ageing process, two unique masks are used to treat the face, neck, décolleté and hands. Fine lines and wrinkles are smoothed and a youthful radiance is restored.

## Lift Summum.....50mins.....£70

Using a wide range of active ingredients and massage techniques, this firming treatment will reduce signs of fatigue and ageing, restoring a more youthful appearance and glow. This is a perfect Mother of the bride treatment!



## Hydraclean.....30mins.....£40

**The deep cleansing treatment.** The perfect introduction to regular skincare. This 30 minute deep-cleanse treatment uses a unique combination of a hands-on massage and the Thermoclean patented heated device to rid the skin of its impurities, whilst warming and relaxing the skin. Skin instantly appears brighter and clearer, with a radiant complexion.

## ADD ON to any Guinot facial.....25mins....£25

Deep cleanse ONLY.....10mins....£10

## Détoxygène.....50mins.....£60

**The anti-pollution treatment.** The Détoxygène treatment effectively removes pollution particles and daily toxins from the skin. Perfect for those exposed to atmospheric pollution, work in a confined environment, or have a stressful and fast paced lifestyle.

## Equilibre Pureté.....40mins.....£50

An exclusive treatment that reduces excess sebum and rebalances the skin. The heated enzymatic double action exfoliator eliminates dead skin cells and refines and clears pores. Followed by a regulating purity mask with Kaolin and Green Clay to purify the skin deep down. The treatment finishes with a corrective serum and moisturiser to target your concern, leaving the skin feeling fresh and shine free.

## Hydra Peeling.....45mins.....£65

Guinot created the Hydra Peeling treatment to reduce signs of ageing, improve the complexion and reduce dark spots. This treatment is a bona fide alternative to aesthetic medicine, offering visible results and radiance after just one treatment. This treatment can be prescribed based on your skin's sensitivity levels.

## Hydradermie Lift Deluxe

### 1hr 45mins.....£130

A combination of Hydradermie Age Logic and Hydradermie Lift. Using firming active ingredients, muscle stimulation and age-defying techniques, giving you the ultimate lifting facial.



# Face & Body Treatments

## Facial Treatments

**Time Precious Facial** ..... 30mins ..... **£35**

This discovery facial is ideal for a quick pick me up when time is of the essence.

**Signature Facial** ..... 1hr ..... **£60**

The perfect introduction to the Pure Bliss experience incorporating a relaxing cleanse and tone with the revitalising effects of a natural exfoliation. A relaxing face, neck and shoulder massage and cream mask chosen specifically for your skin type. Leaving your skin toned and refreshed.

## Body Treatments

**Hydr02 Deep Cleansing Back Treatment** ..... 1hr ..... **£75**

This deep cleansing treatment combines technologies from Hydrofacial using natural ingredients, antioxidants, and peptides to improve overall skin appearance. A facial experience for the back.

**Radiant Mum to Be** ..... 50mins ..... **£60**

..... 80mins ..... **£80**

Let our therapists take complete care of your skin throughout your pregnancy and for the first few months as a new mum. This nurturing treatment will help to preserve the tone of your skin, reducing the risk of stretch marks, lighten your legs and brighten your complexion to ensure you look as radiant as you feel. Bliss for mum & baby!

**Guinot Slim Logic** ..... 1hr ..... **£75**

A Double action manual treatment with Caffeine, using massage techniques to break down cellulite deposits and an anti-fluid retention wrap to eliminate excess fluid, leaving the silhouette refined and body contours smooth. A course is recommended ask for current promotion.

**Guinot Body Bliss** ..... 40mins ..... **£50**

Renew your skin with a full body exfoliation followed by a hydrating body lotion finished with our cooling leg gel. This treatment will leave you feeling refreshed and smoothed. Perfect before any occasion!

## Teen Spa

Catering for teenagers aged 13-17 years. Let our skin care experts guide you on your teen journey to rediscover and show you how to take care of YOU...

Offering treatments for both boys and girls, we are dedicated to re-educating you on your lifestyle choices and overall wellbeing to keep you cool, calm and collected. Giving you the same quality of service at a more affordable price.

**Teen Bespoke Facial** ..... **£25**

Whether you are battling blemishes or simply looking for a refreshing way to keep your skin smooth and gorgeous. We can take on the most complex of complexions.

**Teen Relaxing Massage** ..... **£25**

Stress less with one of our muscle-melting massages, to combat muscular aches and pains and help switch you off. Can also help with anxiety.

**Teen Gel File and Polish** Hands ..... **£20** Toes ..... **£20**

**Teen Tan** ..... **£18**

### Teen Chill Vibes Package

..... 60mins **£45**

Back Massage, Scalp Massage  
and Facial



### Tweenies Pamper (Under 12's)

Rainbow Manicure ..... **£15** Rainbow Pedicure ..... **£15**

**Beauty Tapas** 10 mins ..... **£12**

Can be added to any spa treatment

- Anti ageing hand treatment
- Foot reviver
- Stress buster back massage
- Cooling leg massage
- Scalp massage





# Specialised Massages

## Pure Bliss Signature Massage

25mins.....	<b>£32</b>	60mins.....	<b>£62</b>
40mins.....	<b>£44</b>	80mins.....	<b>£80</b>
50mins.....	<b>£54</b>	90mins.....	<b>£85</b>

Our massage therapists have designed this unique massage which incorporates all our favourite moves from various massage techniques. A sensory test is carried out at the beginning to determine which oil will be used on your treatment journey.

## Aroma Back Relief.....30mins.....**£38**

The ultimate in relaxation - the back, neck and shoulders are exfoliated and then massaged with a warm aromatic oil to ease away stress and tension.

## Tranquillity Scalp Massage.....25mins.....**£32**

Drift into a deep relaxation with this sublimely calming massage. All traces of tensions are gently eased from scalp, décolleté, neck and shoulders and the soothing Essential Oils enhance the calming experience.

## Deep Tissue Massage.....25mins.....**£36**

50mins.....**£60**

A deep tissue treatment designed to work on stiff, tight and fatigued muscles and joints. Combining the power of 100% pure aromatherapy oils and gels with a very specialised massage technique. Give your body the attention it deserves.

## Aromatherapy Hot Stone Massage.....30mins.....**£38**

60mins.....**£70**

80mins.....**£85**

Indulge your mind, body and senses in this deeply relaxing massage with heated volcanic stones and aromatherapy oils. The ultimate in deep relaxation.

## Indian Head Massage.....30mins.....**£35**

Indian head massage is a relaxing holistic treatment that uses acupressure massage on the head, face, neck and shoulders. It aims to rebalance your body's energies. Performed whilst seated.

## Reflexology.....**£48**

## Foot Heaven.....**£55**

Reflexology followed by a cooling leg massage, to help water retention, poor circulation and tired restless legs. This will leave your legs feeling lighter and refreshed.

## Lava Shell Massage.....60mins.....**£70**

The ultimate massage using warm porcelain shells and relaxing aromatherapy oils, to indulge your body into a deep state of relaxation, releasing tension and stress. A must have for body rejuvenation.

## NEOM Treatments

30mins.....**£35**      60mins.....**£65**      90mins.....**£85**

All treatments begin with an opening ceremony to include reflex foot massage and breathing techniques. Choose from: Sleep, De-Stress or Mood Boosting

## Aromatherapy Associates 'The Ultimate Aromatherapy Experience'

30mins.....**£35**      60mins.....**£65**      90mins.....**£85**

Ease away the day's stresses and strains and bring body and mind back into balance, using the best of massage traditions from East and West. Carefully applied pressures stimulate the nervous system while Swedish and neuromuscular massage techniques support a healthy circulation and soothe the body.

## Aromatherapy Associates Inner Strength and Resilience Treatment

A truly nurturing treatment to fortify and strengthen the mind and body through difficult times. Using a powerful blend of clary sage, cardamom & Frankincense it detangles the spirit and elevates confidence.

## Body Treatment - 60 mins.....**£65**

- Inhalation with guided breathing
- Hot stone placement to solar plexus
- Aromatherapy Body Massage

## Body & Face - 90mins.....**£85**

- Inhalation with guided breathing
- Hot stone placement to solar plexus
- Discovery Rose Renew facial
- Aromatherapy Body & Scalp Massage

*\*Highly recommended during peri-menopause and menopause*

# The Nail Spa

O·P·I gel Seche CREATIVE

## Heavenly Hands

	With Polish	With Gel
File and Polish.....	<b>£22</b>	<b>£27</b>
Manicure.....	<b>£30</b>	<b>£35</b>
<ul style="list-style-type: none"> <li>• File and Shape</li> <li>• Cuticle restore and refresh: a gentle push and a nourishing treatment oil to finish</li> <li>• Painting to perfection with your choice of polish or gel</li> <li>• Hand cream application</li> </ul>		
Manicure with Hand Exfoliation.....	<b>£35</b>	<b>£40</b>
<ul style="list-style-type: none"> <li>• File and Shape</li> <li>• Full cuticle work</li> <li>• Skin scrub with 100% natural exfoliation for brighter softer skin</li> <li>• Hot towel cleanse &amp; Hydrating hand massage</li> <li>• Painting to perfection with your choice of polish or gel</li> </ul>		

## BIAB

**BIAB Manicure.....£37**  
The Gel Bottle iconic Builder In a Bottle treatment is applied as a stand alone manicure, it adds an extra strong layer of strength and protection, Perfect for weaker nails/nail biters or those with a hands on profession. Available in clear and natural colours.

**BIAB Infill.....£37**  
**with add on Gel Colour.....£42**  
Rebalance, refine and infill with a fresh application of BIAB to continue your nail strengthening journey.

**BIAB Gel FX Extensions.....£48**

**Gel Removal & Express Manicure.....£30**

## Creative Acrylic Nail Extensions

Full Set.....	<b>£47</b>	Full set with add on gel.....	<b>£52</b>
Infills with Polish.....	<b>£38</b>	Infills with Gel.....	<b>£43</b>
Removals before new set.....	<b>£15</b>	Nail Repair.....	<b>£5</b>
Removal and Express Manicure.....	<b>£35</b>		

## Fabulous Feet

	With Polish	With Gel
Express Pedicure.....	<b>£32</b>	<b>£35</b>
<ul style="list-style-type: none"> <li>• Foot cleanse with hot towels</li> <li>• File and Shape</li> <li>• Cuticle restore and refresh: a gentle push and a nourishing treatment oil to finish</li> <li>• Painting to perfection with your choice of polish or gel</li> </ul>		
Deluxe Spa Pedicure.....	<b>£45</b>	<b>£50</b>
<ul style="list-style-type: none"> <li>• Refreshing Spa soak</li> <li>• Skin scrub with 100% natural exfoliation for brighter softer skin</li> <li>• Hard skin buffing</li> <li>• Revitalising foot mask</li> <li>• File and Shape</li> <li>• Extensive cuticle work</li> <li>• Hydrating foot massage</li> <li>• Painting to perfection with your choice of polish or gel</li> </ul>		

**Elim MediHeel Pedicure.....£45.....£50**

A medical grade spa pedicure treatment which uses state of the art ingredients to remove hard skin and calluses from the feet, includes a deluxe spa pedicure and added benefits of AHA heel peel.

**Elim Heel Peel.....£25**

Stand alone heel peel treatment to remove hard skin and calluses.

**Guinot Foot Peeling.....30mins...£30 ADD ON to any treatment...£20**

The rejuvenating foot treatment designed with dry and tired feet in mind. Feet are left feeling soft, smooth and visibly more youthful.

### ADD ONS

Gel removal before any treatment.....	<b>£5</b>
French/ Reverse french/glitter tips.....	<b>£5</b>
BIAB as a base coat.....	<b>£3.50</b>
Nail art 10mins/20mins/30mins.....	<b>£5/£10/£15</b>
Please note we only remove our own acrylics and do not remove hard gel	

# Lash Extensions

State of the art semi-permanent eyelash extensions that give longer, thicker, very natural looking lashes.

Full Set Bespoke.....	£65
Lash Infill (2 weeks).....40mins	£30
Lash Infill (3 weeks).....1hr	£45
Blink & Go.....	£45
Express fast and convenient method. Can not be infilled.	
Lash Removal.....	£15

# Eye treatments

Eyelash Tint .....	£20
Eyebrow Tint .....	£12
Eyelash and Eyebrow Tint.....	£26
Eyebrow Wax.....	£12
Eyebrow Tint and Wax.....	£20

Bright Eyes - Eyelash Tint, Eyebrow Tint  
& Eyebrow Wax.....£30

HD Brows.....£30

Using a combination of specialised techniques... this treatment aims to help you achieve perfectly shaped brows, tailored to suit you.

Add on - Eyelash Tint to HD Brows or Nouveau Lashes.....£12.50

# Brow Lamination

Realigns the brows in such a way to give them the desired shape you want and a fuller look. Includes a brow tint.....£40  
\*patch test required

# Lash Lift

A lash lift will add length, volume and lift to your lashes without the need for lash extensions. Includes a lash tint.....£45

# HD Brow Sculpt

Brow Sculpt is brow lamination with a bespoke HD Brows twist. Whether you dream of achieving that full, fluffy eyebrow look, want to create symmetry in uneven brows or tame unruly hairs, our BrowSculpt brow lamination treatment is for you. This corrective treatment helps you to achieve your desired position for up to 6 weeks. ....£45

Glamour Eyes Lash Lift and Brow Lamination...£70 (saving £15)



**Patch test required 48 hours before Lash Lifts, Tinting, Brow Lamination HD and Precision Brows**



# Finishing Touches

## Spray Tan

**sunescape** **sienna** **VANI-T**  
BY AIR BRONZING TAN STREET

Sunescape.....	<b>£25</b>
Vani-T.....	<b>£26</b>
Clear Tan - Perfect for Brides .....	<b>£30</b>



## Make Up Studio

**delilah**

Cleanse and Make Up.....	<b>£30</b>
Make Up with Application Lesson.....	<b>£45</b>
Bridal Make Up on Wedding Day.....	<b>£POA</b>

Home visits for bridal make up can be arranged POA.



Ear Piercing.....	<b>£28</b>
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Hopi Ear Candle.....	<b>£28</b>
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Helps reduce sinus problems & soothe migraine

# Hair Removal

## Specialised Hot Wax

Hot wax is designed for delicate and intimate areas. It is used to prevent hair breakages, ingrown hairs and redness. Your waxing experience will be a lot less painful and even hairs as short as 1mm can be removed.

Eyebrow .....	<b>£12</b>	Lip or Chin.....	<b>£10</b>
Sides of Face or Neck.....	<b>£15</b>	Underarm.....	<b>£16</b>
Bikini.....	<b>£20</b>	High Bikini.....	<b>£28</b>
Brazilian .....	<b>£35</b>	Hollywood.....	<b>£38</b>
Half Leg Bikini & Underarm.....	<b>£48</b>		

**Add on - Half Leg Strip Wax - (Honey) to any Bikini wax.....£18**

**Add on - Full Leg Strip Wax - (Honey) to any Bikini wax.....£28**

## Strip Waxing Honey Wax

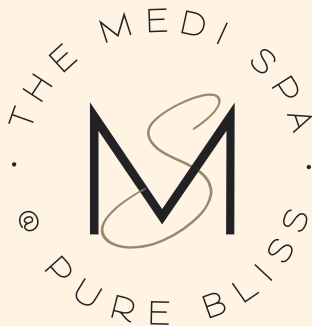
1/2 Leg.....	<b>£25</b>	Full Leg.....	<b>£35</b>
Back wax.....	<b>£35</b>	Chest wax.....	<b>£30</b>
Back and Chest wax.....	<b>£55</b>		

## Electrolysis

Say goodbye to unwanted hair with the Apilus advanced hair removal system.

10mins.....	<b>£17.50</b>	45mins.....	<b>£50</b>
15mins.....	<b>£22.50</b>	60mins.....	<b>£65</b>
30mins.....	<b>£35</b>		

**Buy a course of 5 and get 1 Free**



## VAR (Visible Age Reverse)

£125

Course of 4 recommended.....(ask for current promotion)

VAR is a non-invasive, results driven alternative to aesthetic procedures that helps to delay the ageing process. It is a world exclusive that can only be found in approved Guinot Beauty Salons.

Created and developed by Dr. JDM, this revolutionary aesthetic innovation makes it possible to make the skin visibly younger in 30 minutes thanks to its expert protocol. Stimulation of epidermal regeneration by the Age Influx concentrate, smoothing of the skin by the Vibrolissante applicator, then equalization of the dermis by frequency via the Vibrodermie applicator: three essential steps that allow to visibly and durably fight the signs of skin aging.

The age influx concentrate rapidly increases blood flow bringing more oxygen, energy, amino acids and vitamins to the skin cells. The machine aids the penetration of the concentrate as well as boosting the lymphatic system to help decongest the skin tissue, sculpt and firm the facial features.



## Vitamin Injections

Vitamin B12 .....£25

## Anti Wrinkle Injections

These treatments play a pivotal role in reducing the appearance of dynamic wrinkles by relaxing facial muscles.

Anti-wrinkle injections contain botulinum toxin when injected into targeted facial muscles, it blocks nerve signals that cause muscle contractions responsible for creating wrinkles and fine lines.

Consultation required before appointment

1 Area .....£130

2 Areas.....£160

3 Areas.....£190

## Skin Boosters

Skin Boosters are an injectable treatment made from hyaluronic acid. They increase the levels of hydration in the skin and stimulate the production of collagen, improving fine lines and wrinkles, producing firmer and younger looking skin.

	1 Treatment	2 Treatments
Profilo.....	£220	£220
TKN HA3.....	£190	£340
Seventy HYAL.....	£150	£260

Milia Removal.....30mins.....£40

Milia Removal.....15mins.....£20

Milia are small white or slight yellow hard raised bumps under the skin, often found around the eyes or cheeks. A small lancette is used to create a small opening in order to allow the milia to be gently squeezed out.

# IPL Treatments *Ellipse®*

Ellipse uses short safe burst of intense pulsed light called IPL technology.

## IPL Hair Removal

Imagine never having to wax, tweeze or shave again! Ellipse Intense Pulsed Light is a medically proven treatment for the safe, efficient and permanent reduction of unwanted hair.

**Per Treatment.....From £40**

## IPL Thread Vein Removal

Thread veins are common on the cheeks, nose and chin. Results can be achieved after 1-3 treatments.

**Cheek.....£75**

**Nose.....£80**

**Nose and Cheeks.....£100**

## IPL Skin Rejuvenation

Using IPL skin rejuvenation to treat pigmentation and age spots, also targeting premature aging caused by sun damage. For acne Ellipse IPL reduces blood supply to the sebaceous glands, slowing down the production of sebum and reducing blood supply to kill bacteria causing acne and rosacea.

**Hands.....£80**

**Face.....£100**

**Face and Neck.....£150**

**Face, Neck and Décolleté.....£165**

**A patch test is required before all IPL treatments.....£15**  
(Redeemable off a course)

# 3-D Lipo

3D-Lipo is one of the most advanced machines of its type and offers a new dimension in non-surgical fat removal, treatment of cellulite & skin tightening in one award winning machine.

Our therapist will create a Bespoke Treatment to suit your individual needs, using a combination of:

- Radio Frequency (Skin Tightening/Fat Melting)
- Ultrasound Cavitation (Fat Removal)
- Shockwave (Cellulite Reduction)

**30 minutes.....£60**

**40 minutes.....£80**

**60 minutes.....£100**

**90 minutes.....£140**

**Radio Frequency Face Skin Tightening.....£50**

**SPECIAL OFFER - BUY 7 AND GET ONE FREE**

## Cryolipolysis (fat freezing)

Cryolipolysis involves safely freezing an area of excess fat via a specially designed cooling applicator.

**Medium Area.....£200**

**Large Area.....£250**



# Advanced Facial Treatments

## Skin Consultation .....£25

An in depth consultation with our Skin Care Experts to recommend a treatment plan and to prescribe a homecare prescription. Redeemable off a course of treatments or products.

## HydroFacial

This #FiveStarFacial provides the complete facial solution to target an array of universal skin concerns including dehydration, skin-ageing, loose skin, dull complexion and congestion. By utilising seven different advanced technologies, we can offer more prescriptive, versatile and rounded facials than ever before. These technologies smooth, hydrate and cleanse the skin resulting in a glowing, more youthful appearance.

**Bespoke Hydro Facial.....30 minutes.....£50**

.....1hr.....**£95**

.....1hr 30mins.....**£140**

## Dermaplaning.....£45

A celeb favourite dermaplaning removes dull dead skin cells and vellus hair to reveal radiant smooth skin.

## Matis Expert Peel.....£55

A soft chemical peel to create a new skin for fine lines and wrinkles, imperfections and pigmentation.

## Dermalux Light Therapy.....£50

This photo facial is the latest LED technology utilising natural visible red light and near infrared light wavelengths to deliver superior anti ageing results from your first treatment, softens fine lines improves skin tone and brightens the complexion. Blue light can also be used to help clear complexion.

### Add on Dermalux Light Therapy

Add onto any facial.....**£25**



## RED CARPET FACIAL

### This is the ultimate overhaul for your skin

Using a combination of the three facial treatments above this facial is guaranteed to get your skin GLOWING.

Perfect prior to any special event includes...

**Dermaplaning • Expert Peel • Dermalux**

**Special offer only £75.....saving £75**

## NEW Microneedling



Microneedling .....	<b>£125</b>
Microneedling with Mesotherapy .....	<b>£150</b>
Microneedling with Polynucleotide booster .....	<b>£175</b>

Introducing the Imedpen, the latest technology for microneedling. Our advanced skin specialists can now create a microneedling treatment that is completely bespoke to your skin type, concerns and goals.

Microneedling can help with skin conditions and concerns such as:

- Fine lines and wrinkles
- Dark spots, pigmentation and hyperpigmentation
- Enlarged pores
- Damaged skin
- Loose or sagging skin
- Dry or dehydrated skin
- Acne and acne scarring
- Scarring in general

<b>Add on Dermalux Light Therapy .....</b>	<b>£25</b>
<b>Add on Expert Peel .....</b>	<b>£45</b>
<b>Add on Dermalux Light Therapy &amp; Expert Peel .....</b>	<b>£50</b>

## NEW Advanced Skin Lesion Removal



CryoPen Skin Treatment .....	<b>£75</b>
CryoPen Skin Second Treatment .....	<b>£55</b>

CryoPen treatment is a precision instrument used for cryotherapy, which is a treatment that involves the application of extreme cold to target and remove unwanted tissue, such as skin lesions, warts, or skin tags. The CryoPen utilizes liquid nitrogen or nitrous oxide to create controlled freezing at specific areas, providing a non-invasive, pain-minimized solution for removing skin imperfections.

Used for treatment of:

- Warts
- Benign Moles
- Age Spots
- Cherry Angioma
- Xathelasma
- Skin Tags
- Pigmentation
- Verrucas
- Seborrhic Warts

<b>Map My Mole .....</b>	<b>£40</b>
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Map My Mole allows us to access UK consultant dermatologists for an opinion within 24-48 hours. Images are reviewed by experts in the field, and reports ensure detailed explanations are provided. If a mole is concerning, the dermatologist will inform the patient providing them with a report that can be sent to their GP to speed up any referral.



# C.A.C.I

Renowned face lift favoured by celebrity clients to re-educate and lift the facial muscles, reducing lines and wrinkles whilst toning sagging muscles and skin, producing immediate and dramatic results. Great for a special occasion or a course of 10-15 is recommended for long term results. **ASK FOR SPECIAL OFFERS ON COURSES OF CACI.**

## CACI Synergy

1hr ..... **£75**

1hr 30mins..... **£105**

This non-invasive facial features S.P.E.D® Dual Action Technology that provides simultaneous skin rejuvenation and facial toning. This treatment uses microcurrent impulses, to lift and tone and LED light therapy to improve skin elasticity and reduce the appearance of fine lines and wrinkles. Firms your face and gives your skin a more youthful, fresh appearance and glow.

**CACI Synergy Jowl Lift.....£40**

## CACI Micro-Touch Facial

45mins..... **£50**

The Micro-Touch Facial combines the muscle toning and lifting benefits of CACI's iconic microcurrent technology with hands-on treatment therapy using the Electro Gloves. The treatment focuses on muscle lift, tension release, deep tissue relaxation, and lymphatic drainage for more sculpted, toned, enhanced facial definition.



## CACI Facial

.....1hr ..... **£60**

**Jowl Lift.....£35**

Focusing on the lower half of the face to tighten and firm.

**ADD ON ONLY £12 with a CACI Facial**

**Eye Revive.....30mins.....£35**

The Eye Revive treatment is a must-have treatment for anyone concerned with ageing and puffiness around the delicate eye area. Soothes tired, puffy eyes, combats dark circles, reduces fine lines and wrinkles and lifts hooded eyes.

## CACI Ultra

**3 Facials in One Session.....80mins.....£75..... Saving £39**

- CACI Facial
- CACI Skin Peel
- CACI Wrinkle Revolution

## CACI Ultra Deluxe

**4 Facials in One Session.....90mins.....£80..... Saving £62**

- CACI Facial
- CACI Skin Peel
- CACI Wrinkle Revolution
- CACI Hydratone

**ASK ABOUT COURSES AVAILABLE**





the head spa

@Pure Bliss



Get ready to drift off and float into a dream like state as you embark on a journey with an ancient authentic Japanese experience. The Head Spa Ritual has fast become a viral sensation across the world & we now welcome you to enjoy the experience at pure bliss

The treatment focuses on your head, scalp, hair & face to help improve hair growth, scalp condition, reduce stress & relax your whole body. We have also incorporated our signature massage and facial into some of our packages.

Using the finest product ranges tailored to your skin, scalp & hair condition with argan oil sourced personally from Morocco. Lie back, relax and drift into Pure bliss.

## NEW for 2025

### Rejuvenation Ritual ..... 1hr ..... £75

- Consultation & Digital Scalp analysis
- Mindful moment with aromatherapy oil inhalation
- Heated eye mask
- Hair cleanse
- Scalp exfoliation
- Relaxing scalp massage
- Hair Conditioning
- Waterfall experience

### Blissful Retreat ..... 1hr 30mins ..... £95

- Consultation & Digital Scalp analysis
- Mindful moment with aromatherapy oil inhalation
- Heated eye mask
- Hair cleanse
- Scalp Exfoliation
- Deep scalp massage
- Shoulder and neck massage
- Hand and arm massage
- Hair mask
- Waterfall experience

### Heavenly Escape ..... 2hrs ..... £140

- Consultation & Digital Scalp analysis
- Mindful moment with aromatherapy oil inhalation
- Heated eye mask
- Deep hair cleanse
- Scalp exfoliation
- Deep scalp massage
- Steam
- Neck & Shoulder massage
- Guinot signature facial
- Hand and arm massage
- Hot stone placement
- Hair mask
- Waterfall experience

# Pure Bliss

0191 549 9999

58 Sea Road Fulwell Sunderland SR6 9BX

## Opening times:

Monday to Friday **9am to 8pm**

Saturday **9am to 5pm**

Sunday **Closed**

### Gift Vouchers

Purchase a gift voucher on our app or website and you will receive your voucher by email to yourself or the recipient

### Pure Bliss Monthly Skin Club

Ask for more details

or book online at [www.pureblissspa.co.uk](http://www.pureblissspa.co.uk)

Download our Pure Bliss App from the App Store

\*Receive 10% off your first online booking



@Pure Bliss Spa



@pureblissalon\_

We stock products from the following:



**Please note:** A 30% deposit is required for all treatments. 24 hours notice is required to cancel any appointments or a 50% charge will be made. Appointments not cancelled will be charged in full. Booking times may contain client care consultation, treatment and aftercare advice, to maximise your treatment results. Appointments with our Head Therapist will incur a small additional charge.